

Meditations & Modern Buddhism

ADVICE FOR A **HAPPY LIFE**

Saturday Nov 21
1-4pm



with
Modern Buddhist nun, Resident
Teacher of Avalokiteshvara KBC,
Kelsang Rigden

@ World Class Karate, 2nd floor
309 Lakeshore Rd. East, Port Credit

Cost: \$25 or free for Centre Card holders



Avalokiteshvara
Kadampa Buddhist Centre

905. 274. 7432

MeditateinMississauga.org